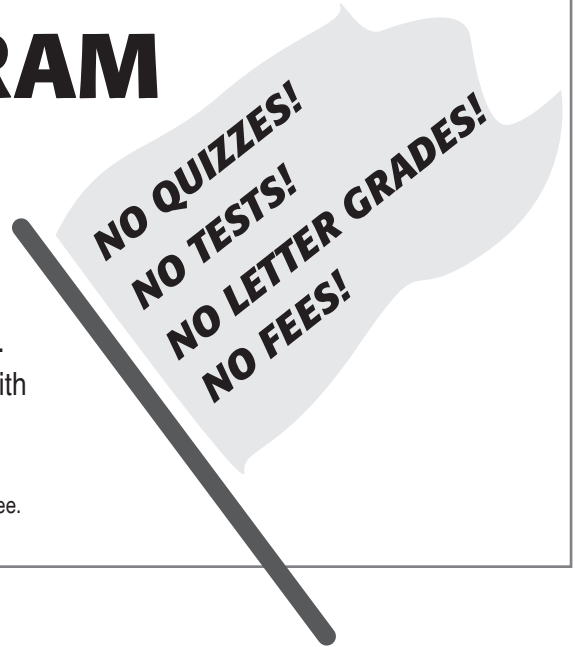


NONCREDIT PROGRAM

This program is open to all students and currently offers various classes of interest to the community. All classes are free of charge.* There are no tests, no quizzes and no letter grades. Registration will take place in the Admissions & Records Office or on the first day of class. Students should contact Michelle Lopez in the Noncredit Office directly with any questions or for further information at (408) 848-4859.

* Some classes may require a materials fee.



Adults 55+

This program offers special interest classes to adults 55 and older. Our classes take place at various older adult facilities as well as Gavilan campuses to ensure positive enrollment and convenience for the students. Classes include:

- Arts and Crafts
- Body Dynamics and the Aging Process
- Coping with Loss
- Creative Writing Workshop
- Discover Your Family History
- Exploring the Web
- Film Classics
- Finding Book Treasures
- Internet Literacy
- Journal Writing
- Legal Resources for Older Adults
- Music Encounters
- Music, Movement & Wellness
- Tai Chi for Arthritis and Other Illnesses
- The Art of Storytelling
- The Joy of Listening to Music
- The Theater Experience
- Windows Fundamentals
- Writing Your Autobiography

More Older Adult classes coming soon!...

- Armchair Travels
- As Others See Americans
- Topics for Seniors, Staying Well Informed

Staff Wellness Program

This program is geared toward meeting the needs of our Gavilan College family. All classes are free of charge and are open to all staff members as well as the community.

- Tai Chi for Health
- Mindful Stress Reduction

Staff Wellness Coming soon!...

- Weight Control
- Workplace Fitness

Parenting Program

- Parent Advocacy

Basic Skills Program

- ESL Citizenship
- GED Preparation
- Introduction to Online Gavilan
- Personal and Career Development
- Vocational ESL (Workplace Communications)

SPRING NONCREDIT CLASSES

Sect. Type Room Instructor Hrs. Units Days Begin-End Footnotes

ALLIED HEALTH

AH 740 Tai Chi for Arthritis and Other Related Illnesses

Transferable: No

This course is designed for the maintenance of the physical and mental well-being of an older adult with arthritis and other related illnesses. Instruction will focus on the postures and movements of Tai Chi, a Chinese exercise regimen that has a slow paced movement that improves balance, coordination, breathing and builds strength and stamina. Activities are included that promote self-care and health awareness.

4057	LAB	WM1	YINGER K	1.00	.0	TuTh	1000A-1100A	Above class meets off campus. See list of off-campus locations on page 100.
4058	LAB	HOLCC	SHELTON C	1.00	.0	Th	1100A-1200P	Above class meets off campus. See list of off-campus locations on page 100.
4059	LAB	VPRH	YINGER K	1.00	.0	Th	0100P-0200P	Above class meets off campus. See list of off-campus locations on page 100.
6009	LAB	HHH1	STAFF	1.00	.0	S	1045A-1145A	02/02/08 - 05/24/08 SSee list of off-campus locations on page 100.

ART

ART 760 Arts and Crafts I for Older Adults

Transferable: No

A general survey of arts and crafts with an emphasis on exercises and experiments with methods and materials, including: painting, drawing, color theory, composition and rendering, batik or tie-dye, quilting or needlepoint, crocheting or knitting and block printing.

4127	LAB	HVME1	GUPTAR	3.00	.0	F	0930A-1230P	Above class meets off campus. See list of off-campus locations on page 100.
4129	LAB	WM1	BARRETT S	3.00	.0	M	0100P-0400P	Above class meets off campus. See list of off-campus locations on page 100.

COMPUTER SCIENCE & INFORMATION SYSTEMS

CSIS 728 Windows for the Older Adult

Transferable: No

This course is designed as an introductory course for the older adults to learn Windows operations, file management and other Windows Fundamentals.

4276	LAB	SV002	HERNANDEZ A	3.00	.0	Tu	0900A-1130A	Above class meets off campus. See list of off-campus locations on page 100.
4277	LAB	SV002	MCNAMARA R	3.00	.0	W	0930A-1130A	Above class meets off campus. See list of off-campus locations on page 100.

Sect. Type Room Instructor Hrs. Units Days Begin-End Footnotes

CSIS 729 Word Processing-MS Word for the Older Adult

Transferable: No

A course designed for older adults (55+) to develop word processing skills to write and edit simple documents, format text, use bullets, create tables, insert clipart and use other features of the toolbar.

4278	LEC	SV002	HERNANDEZ A	3.00	.0	Th	0900A-1130A	See Footnote: Above class meets Off Campus
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ENGLISH

ENGL 750 Creative Writing Workshop for Older Adults

Transferable: No

A class designed for older adults to develop their writing skills in a peer support group. They are guided in creative expression through prose and poetry. Older adults are encouraged to read their works in class and learn how to respond to writing, guided creative exercises and assignments, sentence and story structure.

4400	LEC	YMCA	STAFF	2.00	.0	M	0930A-1100A	See Footnote: Above class meets Off Campus
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ENGL 753 Writing Your Autobiography

Transferable: No

This class in creative writing for older adults will explore autobiography as a form of personal expression. Participants will put their experiences on paper. Learn the skills of autobiography including narrative structure, style, vocabulary, event recording and interpretation.

4402	LAB	VG1	SERRANOK	2.00	.0	W	0200P-0400P	02/06/08 - 05/14/08 See list of off-campus locations on page 100.
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ENGL 754 Discover Your Family History for Older Adults

Transferable: No

This class will assist older adults in the research and writing of their family histories. They will collect names of relatives and establish relationships through primary, secondary and/or circumstantial evidence and/or documentation. Various sources for researching including Internet use will be encouraged.

4403	LAB	YMCA2	STAFF	2.00	.0	F	0930A-1100A	Above class meets off campus. See list of off-campus locations on page 100.
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ENGL 756 GED Preparation

Transferable: No

This course is designed to prepare the student to pass the five General Education Development (GED) tests in Writing, Social Studies, Science, Literature and Mathematics. English grammar and usage, reading comprehension, writing, vocabulary and computational skills are emphasized. The course is designed for students who are 18 years of age or older and elect to take the High School Equivalency Examination.

6108	LAB	SV001	MIGUEL B	3.00	.0	S	0900A-1200P	02/02/08 - 05/24/08 See list of off-campus locations on page 100.
6109	LAB	HOL3	MIGUEL B	3.00	.0	S	0100P-0400P	02/02/08 - 05/24/08 Above class meets at the Hollister Briggs site

Off Campus Room locations: See page 100.

Sect. Type Room Instructor Hrs. Units Days Begin-End Footnotes

ENGL 758A CAHSEE Preparation A English-Language Arts

Transferable: No

This course is designed to prepare non-high school graduates for the successful completion of the CAHSEE (California High School Exit Examination) English-Language Arts by providing them study skill and test taking strategies for answering multiple choice questions and tips on essay writing. This course will focus on word analysis, reading comprehension, literary response, writing strategies, writing conventions and writing applications.

6110 LAB HOL4 GUEVARA T 3.00 .0 S 0900A-1200P
02/02/08 - 05/24/08 Above class meets at the Hollister Briggs site

ENGLISH AS A SECOND LANGUAGE

ESL 702A ESL Citizenship

Transferable: No

This course is designed for second language learners that want to prepare for the United States Citizenship test given by the Department of Immigration and U. S. Naturalization Services. The focus will be on communicative English skills and knowledge of American History and Government required for passing the test to become a citizen of the United States. Readings are at the high-beginning/low-intermediate ESL level and will focus on the historical period beginning in the 1600's on through to 1980.

6121 LEC STFI STUKER D 3.00 .0 MTh 0600P-0730P
Above class meets off campus. See list of off-campus locations on page 100.

6122 LEC HOL1 SEGOVIA M 3.00 .0 W 0600P-0900P
Above class meets at the Hollister Briggs site

ESL 704A ESL for the Workplace

Transferable: No

This is part A of a content-based integrated skills course for ESL students who want to prepare for immediate entry into the job force. Students expand their language skills within the realm of the work world and specific vocational career of interest while also developing the soft skills needed in the workplace. This course is a combination of lecture, lab, and self-paced instruction.

4427 LAB SV001 RIVOALLON L 10.00 .0 MTuWThF 0900A-1100A
Above class meets off campus. See list of off-campus locations on page 100.

6123 LAB AROMAS SEGOVIA M 10.00 .0 S 0500P-0800P
02/02/08 - 05/24/08 See list of off-campus locations on page 100.

6124 LAB JS STAFF 10.00 .0 MTuW 0600P-0800P
Above class meets off campus. See list of off-campus locations on page 100.

6505 LAB SV001 PADILLA M 10.00 .0 TuWTh 0700P-0900P
Above class meets off campus. See list of off-campus locations on page 100.

HUMANITIES

HUM 767 Film Classics

Transferable: No

This class is designed to study the facts, fantasy, history and trivia of classic and modern films. The background and history of each film and its performance will be compared and contrasted.

4483 LAB DPB SENDEJAS L 3.00 .0 F 0100P-0400P
Above class meets off campus. See list of off-campus locations on page 100.

4484 LAB PLY RICHARDS G 3.00 .0 W 0200P-0500P
Above class meets off campus. See list of off-campus locations on page 100.

6131 LAB WM1 SENDEJAS L 3.00 .0 S 0430P-0730P
02/02/08 - 05/24/08 See list of off-campus locations on page 100.

Sect. Type Room Instructor Hrs. Units Days Begin-End Footnotes

LIBRARY

LIB 730 Internet Literacy for Older Adults

Transferable: No

A class for older adults to learn email techniques, how to find information on their interests, news sources, and the skill of browsing online, as well as how best to use the local public library online services, online shopping, search strategies, and interactive games.

4569 LEC SV002 MCNAMARA R 1.00 .0 M 0930A-1130A
Above class meets off campus. See list of off-campus locations on page 100.

4570 LEC HOL3 MENDEZ F 3.00 .0 MW 0130P-0330P
Above class meets at the Hollister Briggs site

LIB 731 Finding Book Treasures in Literature for Older Adults

Transferable: No

Older adults are guided in the reading of selected quality fiction and nonfiction to promote discussions of theme development, narrative techniques, social context and what makes good writing. Content varies from semester to semester and may include fiction, drama, poetry, essay, and biography. Readings selected may have particular relevance to older adults.

4571 LEC VG1 STAFF 1.00 .0 F 0200P-0400P
Above class meets off campus. See list of off-campus locations on page 100.

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Staff/Students: 10% daily

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Wed.-Fri. 10:00 am - 2:30 pm

Summer hours

Tu.-Th. 10:30 am - 3:30 pm

DAILY SPECIALS

Wednesday:

Hair Cut ONLY - \$5
Hair Cut & Style - \$10
Hair Color - 20% off

Thursday/Friday:

All Basic Perms - 20% off
Plain Manicure & Pedicure - \$11

All work performed by students supervised by instructors.
Discounts not applicable to daily specials, special color, special perms or any service under \$6. Not valid with any other discounts.

For appointments call 408-842-5055

Sect. Type Room Instructor Hrs. Units Days Begin-End Footnotes

LIB 732 Introduction to Online Gavilan

Transferable: No

Introduction to the online classes and student services at Gavilan College. This course will show students how to log into their online courses, find lectures, assignments and exams, take part in online class discussions, submit attachments, and view their grades. The course will also cover all the online student services available to the distant student, including counseling, library resources, records and grades, financial aid, tutoring and technical support.

4572 ONLINE PARKER J 1.00 .0 DHR 0000-0000
 This online class will be delivered entirely over the Internet. After enrolling, start the class by going to <http://www.gavilan.edu/disted/>, click on your class link, and email the instructor at kbedell@gavilan.edu. Students who have not begun the class or contacted the instructor by 5 pm on Feb. 4 will be dropped from the class



LIB 733 Exploring the Web for Older Adults

Advisory: LIB 730, Internet Literacy for Older Adults.

Transferable: No

Designed to address the interests of older adults, students will learn about the web's rich offering in graphics, sharing digital pictures, and downloading audio files and audiobooks after paying your bills online. Students will learn online techniques to take advantage of all the latest tools, such as wikis, blogs, search techniques and great travel destinations.

4573 LEC MHG5 CURTIS G 3.00 .0 Th 0930A-1130A
 Above class meets at Morgan Hill Community site

4574 LEC HOL3 MENDEZ F 3.00 .0 MW 0330P-0530P
 Above class meets at the Hollister Briggs site

LIB 734 Legal Resources for Older Adults

Advisory: LIB 730, Internet Literacy for Older Adults.

Transferable: No

Older Americans face a gamut of legal issues in planning their future and must be aware of their rights in order to stay in charge of their lives. Finding the way through the maze of legal resources is a learned process. This course touches on basic legal issues including elder law, consumer and small claims, wills and estate planning, power of attorney and health care directives.

4575 LEC MHG12 HAYES C 3.00 .0 Tu 0230P-0530P
 03/04/08 - 04/15/08 Above class meets at Morgan Hill Community site

MUSIC

MUS 763 Music Encounters

Transferable: No

A class for older adults that provides musical activities to stimulate and sustain their auditory function, discernment of sounds and manual dexterity. Students will enjoy music, new and old, by listening, singing, playing and creating music in a group setting.

4653 LEC VPRH YINGER K 2.00 .0 Tu 0100P-0200P
 Above class meets off campus. See list of off-campus locations on page 100.

6170 LEC GHS ROBB P 2.00 .0 Tu 0630P-0940P
 Above class meets off campus. See list of off-campus locations on page 100.

6171 LEC SOLB7 QUARTUCCIO A 2.00 .0 W 0640P-0950P
 Above class meets off campus. See list of off-campus locations on page 100.

Sect. Type Room Instructor Hrs. Units Days Begin-End Footnotes

PHYSICAL EDUCATION:ADAPTED

PE 716 Music/Movement and Health

Transferable: No

This course is designed to assist older adults in improving overall health through movement, music and relaxation techniques. Rhythmical movement will be adjusted to suit individual students mobility needs.

4721 LAB YMCA MENDONCA B 1.00 .0 TuF 1000A-1100A
 Above class meets off campus. See list of off-campus locations on page 100.

4722 LAB HOLCC HOST M 2.00 .0 Tu 1000A-1200P
 Above class meets off campus. See list of off-campus locations on page 100.

4723 LAB YMCA MENDONCA B 1.00 .0 TuF 1100A-1200P
 Above class meets off campus. See list of off-campus locations on page 100.

4724 LAB VPRH STAFF 1.00 .0 W 0100P-0200P
 02/06/08 - 05/14/08 See list of off-campus locations on page 100.

4725 LAB COGMR MENDONCA B 1.00 .0 W 1000A-1100A
 MENDONCA B F 0130P-0230P
 Above class meets off campus. See list of off-campus locations on page 100.

Noncredit Class Locations

AROMAS Aromas School, 365 Vega St., Aromas

COGMR Gilroy Senior Center, 7371 Hanna Street, Gilroy

DPB Dunne Park Bldg., West & 6th St., Hollister

GHS Gilroy High School, 750 W 10th St., Gilroy

HHH1 Hazel Hawkins Hospital, 911 Sunset Dr., Hollister

HOL Hollister Briggs Bldg, 365 Fourth St. Hollister

HOLLCC Hollister Comm. Center (Jovenes de Antano), 300 West St., Hollister

HVME1 Hacienda Valley Mobile Estates, 275 Burnett Ave., Morgan Hill

JS Jasmine Square, 16530 Monterey Rd., Morgan Hill

MHG Morgan Hill Community Center, 17060 Monterey Rd., Morgan Hill

PLY Morgan Hill Playhouse, Monterey Highway and Dunne, Morgan Hill

SOLB7 Solorsano Middle School, 7121 Grenache Way, Gilroy, room B-7

STFI St. Francis, 7950 Church St., Gilroy

SV001-004 South Valley Middle School, Building I, 7881 Murray Ave., Gilroy

VG Village Green, 7610 Isabella Way, Gilroy

VPRH Valley Pines Retirement Home, 545 E. Main Ave., Morgan Hill

WM Wheeler Manor, 651 W. 6th St., Gilroy

YMCA -2 Morgan Hill YMCA, 17666 Crest Ave., Morgan Hill