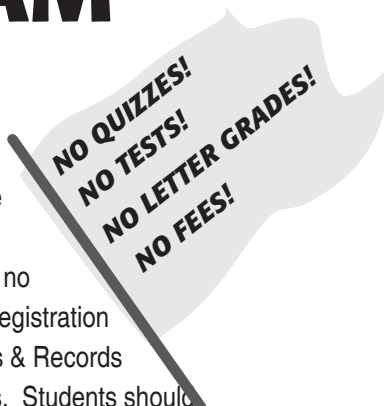


# NONCREDIT PROGRAM

This program is open to all students and currently offers various classes of interest to the community. All classes are free of charge.\* There are no tests, no quizzes and no letter grades. Registration will take place in the Admissions & Records Office or on the first day of class. Students should contact Debra Casella in the Noncredit Office directly with any questions at (408) 852-2824.

Some classes may require a materials fee.



## FALL CLASSES

CRN Type Room Instructor Hrs. Units Days Begin-End

### ALLIED HEALTH

#### AH 740 Tai Chi for Arthritis and Other Related Illnesses

**Transferable:** No

This course is designed for the maintenance of the physical and mental well-being of an older adult with arthritis and other related illnesses. Instruction will focus on the postures and movements of Tai Chi, a Chinese exercise regimen that has a slow paced movement that improves balance, coordination, breathing and builds strength and stamina. Activities are included that promote self-care and health awareness.

10935	Lab	WM1	K Yinger	2.4	TR	1000-1100
Above class meets at Wheeler Manor, 651 W. 6th St. in Gilroy (408) 847-5490.						
10933	Lab	JDA1	E Frey	1.2	R	1115-1215
Above class meets at Jovenes de Antano, 300 West St. in Hollister (831) 637-9275.						
10936	Lab	MHCCC	M Dunn	1.8	R	0630-0800
Above class meets at Morgan Hill Community & Cultural Center: El Toro Room, 17000 Monterey Rd. in Morgan Hill (408) 782-0008.						

#### AH 741 Body Dynamics and Aging

**Transferable:** No

This course is designed for the 55+ adult student to provide awareness and knowledge of physical fitness, stress management and nutrition to personal health. Discussions will focus on nutrition, sleep disorders, depression, leisure/social activities and chronic conditions that effect the body as aging occurs.

10906	Lec	CRC1	M Dunn	1.8	W	1030-1200
Above class meets at Centennial Recreation Center, 171 W. Edmondson Ave. in Morgan Hill (408) 779-0208.						

CRN Type Room Instructor Hrs. Units Days Begin-End

#### AH 793 Personal and Career Development

**Transferable:** No

A wide variety of lectures on general themes offered to students throughout the academic year who want short-formatted content to augment their personal, academic and career development. General themes to be explored are: Communication, Interpersonal Skills, Pre-employment, Decision-Making, Financial Literacy, Career and Personal Development and Self-Management with Nutrition. This noncredit course is a combination of lecture, self-assessments, group activities and individual modules.

10931	Online		S Sweeney		WR	0430-0730
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This Hybrid lecture/online class will be delivered partially over the internet and also meet face to face at select locations. You must have an email account to take a distance ed course. Unless you have made prior arrangements with the instructor, come to class in person on the first day of the semester or the first day of class for short-term courses. If you do not show up on the first day you may be dropped. For help, contact your instructor or email [disted@gavilan.edu](mailto:disted@gavilan.edu).

### ART

#### ART 760 Arts and Crafts I for Older Adults

**Transferable:** No

A general survey of arts and crafts with an emphasis on exercises and experiments with methods and materials, including: painting, drawing, color theory, composition and rendering, batik or tie-dye, quilting or needlepoint, crocheting or knitting and block printing.

10904	Lab	CRC1	R Gupta	3.0	R	0100-0400
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Above class meets at Centennial Recreation Center, 171 W. Edmondson Ave. in Morgan Hill (408) 779-0208.

#### ART 761 Arts and Crafts II for Older Adults

**Transferable:** No

A general survey of arts and crafts with an emphasis on exercises and experiments with methods and materials, including: Metal, leather, fibers, glass, wood, and paper crafts. The crafts will be for both decorative or utilitarian.

10905	Lab	HVME1	P Dickerson	3.0	F	0900-1200
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Above class meets at Hacienda Valley Mobile Estates, 275 Burnett Ave. in Morgan Hill (408) 779-4301.

### COMPUTER SCIENCE & INFORMATION SYSTEMS

#### CSIS 728 Windows for the Older Adult

**Transferable:** No

This course is designed as an introductory course for the older adults to learn Windows operations, file management and other Windows Fundamentals.

10940	Lab	CTC2	D Payne	3.0	T	0900-1130
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Above class meets at Gavilan Computer Technology Center: Room 2, 7881 Murray Ave. in Gilroy (408) 852-2824 or (408) 846-7502.

10941	Lab	HOL3	TBA	2.4	TR	0330-0430
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Above class meets at the Hollister Briggs site.

#### CSIS 729 Word Processing-MS Word for the Older Adult

**Transferable:** No

A course designed for older adults (55+) to develop word processing skills to write and edit simple documents, format text, use bullets, create tables, insert clipart and use other features of the toolbar.

10942	Lec	CTC2	D Payne	3.0	R	0900-1130
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Above class meets at Gavilan Computer Technology Center: Room 2, 7881 Murray Ave. in Gilroy (408) 852-2824 or (408) 846-7502.

CRN Type Room Instructor Hrs. Units Days Begin-End

**ENGLISH**

**ENGL 747 Film and Literacy**

**Transferable:** No

This course utilizes film to build college-level reading, writing and critical thinking skills.

10971 Lec HU103 TBA 0 F 0100-0430

Above class will meet on September 17th, October 1st, October 15th and October 29th.

**ENGL 749 Writers' Workshop**

**Transferable:** No

Writers' Workshop is an open enrollment class that allows community members and students from all disciplines to participate in a regularly scheduled, instructor-facilitated writing response group. Activities include focused response to participants' writing, generative writing games and prompts and interaction with visiting writers and scholars.

10947 Lec GANAS K Smith 3.6 W 0130-0430

Above class meets at GANAS Family Resource Center, 490 8th St. in Gilroy (408) 848-5500.

**ENGL 756 GED Preparation**

**Transferable:** No

This course is designed to prepare the student to pass the five General Education Development (GED) tests in Writing, Social Studies, Science, Literature and Mathematics. English grammar and usage, reading comprehension, writing, vocabulary and computational skills are emphasized. The course is designed for students who are 18 years of age or older and elect to take the High School Equivalency Examination. This course may be repeated three times.

10916 Lab HOL1 M Vargas-Padill 3.6 S 0900-1200

Above class meets at the Hollister Briggs site. This class is taught entirely in Spanish.

10918 Lab HOL4 D Holguin 4.2 S 0900-1230

Above class meets at the Hollister Briggs site.

10917 Lab CTC2 D Holguin 3.0 T 0630-0900

Above class meets at: Gavilan Computer Technology Center: Room 2, 7881 Murray Ave. in Gilroy (408) 852-2824 or (408) 846-7502.

**ENGLISH AS A SECOND LANGUAGE**

**ESL 702A ESL Citizenship**

**Transferable:** No

This course is designed for second language learners that want to prepare for the United States Citizenship test given by the Department of Immigration and U. S. Naturalization Services. The focus will be on communicative English skills and knowledge of American History and Government required for passing the test to become a citizen of the United States. Readings are at the high-beginning/low-intermediate ESL level and will focus on the historical period beginning in the 1600's on through to 1980.

10910 Lec MHG5 TBA 6.0 MW 0900-1130

Above class meets at Morgan Hill Community site.

10911 Lec JDA1 M Salazar-Segov 3.0 T 0600-0900

Above class meets at Hollister Community Center: Gabilan Room, 300 West St. in Hollister (831) 636-4390.

10909 Lec STF1 D Stuker 3.6 TR 0600-0730

Above class meets at St. Francis Building, 7950 Church St. in Gilroy (408) 847-2652.

CRN Type Room Instructor Hrs. Units Days Begin-End

**ESL 704A ESL for the Workplace**

**Transferable:** No

This is part A of a content-based integrated skills course for ESL students who want to prepare for immediate entry into the job force. Students expand their language skills within the realm of the work world and specific vocational career of interest while also developing the soft skills needed in the workplace. This course is a combination of lecture, lab, and self-paced instruction. This course may be repeated three times.

10944 Lab CTC1 L Rivoallon 7.2 MWF 0900-1100

Above class meets off-campus: Gavilan Computer Technology Center: Room 1, 7881 Murray Ave. in Gilroy (408) 852-2824 or (408) 846-7502.

10946 Lab JS1 N Vargas 7.2 MT 0500-0800

Above class meets at Jasmine Square Apartments, 16530 Monterey Rd. in Morgan Hill (408) 779-0681.

10945 Lab CTC1 M Vargas-Padill 7.2 TWR 0700-0900

Above class meets at Gavilan Computer Technology Center: Room 1, 7881 Murray Ave. in Gilroy (408) 852-2824 or (408) 846-7502.

**ESL 775 ESL Literacy I**

**Transferable:** No

This is a pre-ESL survival course that is designed for students with very limited reading/writing skills. The focus is on letter formation, sight-sound recognition and decoding skills. ADVISORY: Placement by the CASAS test.

10912 Lec ROH M Salazar-Segovia 6.0 MW 0600-0830

Above class meets at R.O. Hardin, 881 Line St. in Hollister (831) 636-4400.

**ESL 777 ESL Lifeskills 1**

**Transferable:** No

This is the first course in a series of survival English classes for students with very little oral or written English competency. It will give students basic vocabulary and familiarity in life skill areas such as the family, food, health, and occupations to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test.

10953 Lec ELROBL J Howell 5.4 TWR 0800-0930

Above class meets at El Roble Elementary: Room: C-11, 930 Third St. in Gilroy (408) 842-8234.

10948 Lec ELIOT D Payne 6.6 MWF 0810-1000

Above class meets at Eliot Elementary, 475 Old Gilroy St. in Gilroy (408) 842-5618.

10950 Lec HOL6 G Segovia-Avalo 6.0 WF 0900-1130

Above class meets at the Hollister Briggs site.

10949 Lec MHG13 E Yu-Costa 6.0 MW 0600-0830

Above class meets at Morgan Hill Community site.

10951 Lec ROH S STAFF 6.0 MW 0600-0830

Above class meets at R.O. Hardin Elementary, 881 Line St. in Hollister (831) 636-4400.

10952 Lec CALAVR J Villicana 5.4 MWF 0600-0730

Lec CALAVR J Villicana 5.4 MWF 0745-0915

Above class meets at Calaveras Elementary, 1151 Buena Vista Rd. in Hollister (831) 636-4460.

10954 Lec BROWNL L Camacho-Light 7.2 TR 0600-0900

Above class meets at Brownell Middle School: Room 40, 7800 Carmel St. in Gilroy (408) 847-3377.

All noncredit classes are open entry/exit and free of charge.

CRN Type Room Instructor Hrs. Units Days Begin-End

**ESL 778 ESL Lifeskills 2**

**Transferable:** No

This is the second course in a series of classes in survival English for students with very little oral or written English competency. It will give students basic vocabulary and familiarity in life skill areas such as the family, food, health, and occupations to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. **ADVISORY:** Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 777.

10955 Lec SBCL G Segovia-Avalo 7.2 TR 0900-1200  
Above class meets at San Benito County Library, 470 5th St. in Hollister (831) 636-4107.

10956 Lec SUNNY M Vallejo 5.4 TWR 0600-0730  
Above class meets at Sunnyslope Elementary, 1475 Memorial Dr. in Hollister (831) 636-4420.

**ESL 779 ESL Lifeskills 3**

**Transferable:** No

This is the third in a series of classes in survival English for students with little oral or written English competency. It will give students expanded basic vocabulary and familiarity in life skill areas such as the weather, transportation, employment, and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. **ADVISORY:** Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 778.

10958 Lec MHG13 E Yu-Costa 4.8 TR 0900-1130  
Above class meets at Morgan Hill Community site.

10959 Lec CTC3 S Morley 7.2 MWF 0900-1100  
Above class meets at Gavilan Computer Technology Center: Room 3, 7881 Murray Ave. in Gilroy (408) 852-2824 or (408) 846-7502.

10957 Lec SVALLY D Padilla 5.4 MWR 0700-0830  
Above class meets at South Valley Junior High: Room E-7, 385 I.O.O.F Ave. in Gilroy (408) 848-7149.

**ESL 780 ESL Lifeskills 4**

**Transferable:** No

This is the fourth course in a series of survival English for students with little oral or written English competency. It will give students expanded basic vocabulary and familiarity in life skill areas such as weather, transportation, employment, and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, reading, writing. **ADVISORY:** Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 779.

10960 Lec GABILN J Howell 7.2 MTW 0600-0800  
Above class meets at Gabilan Hills Elementary: Room F-11, 901 Santa Ana Rd. Suite 100 in Hollister (831) 636-4430.

**ESL 781 ESL Lifeskills 5**

**Transferable:** No

This is the fifth course in a series of survival English for students with beginning oral or written English competency. It will reinforce basic skills learned and continue to develop vocabulary and ease of communication in life skill areas such as the family, the larger community, health, employment, and leisure activities to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. **ADVISORY:** Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 780.

10961 Lec SVALLY J Magana 6.0 MW 0630-0900  
Above class meets at South Valley Junior High Room: E-5, 385 I.O.O.F Ave. in Gilroy (408) 848-7149.

CRN Type Room Instructor Hrs. Units Days Begin-End

**HUMANITIES**

**HUM 767 Film Classics**

**Transferable:** No

This class is designed to study the facts, fantasy, history and trivia of classic and modern films. The background and history of each film and its performance will be compared and contrasted.

10914 Lab JDA1 L Sendejas 3.6 F 1000-0100  
Above class meets at Jovenes de Antano, 300 West St. in Hollister (831) 637-9275.

10913 Lab PLY G Richards 3.6 W 0200-0500  
Above class meets at Morgan Hill Playhouse, 17000 Monterey Rd. in Morgan Hill (408) 782-0008 x507.

**LIBRARY**

**LIB 730 Internet Literacy for Older Adults**

**Transferable:** No


A class for older adults to learn email techniques, how to find information on their interests, news sources, and the skill of browsing online, as well as how best to use the local public library online services, online shopping, search strategies, and interactive games.

10920 Lec HOL3 M Montoya 2.4 TR 0230-0330  
Above class meets at the Hollister Briggs site.

**LIB 732 Introduction to Online Gavilan**

**Transferable:** No


Introduction to the online classes and student services at Gavilan College. This course will show students how to log into their online courses, find lectures, assignments and exams, take part in online class discussions, submit attachments, and view their grades. The course will also cover all the online student services available to the distant student, including counseling, library resources, records and grades, financial aid, tutoring and technical support.


10921 Online P Howell  
 This open-entry/open-exit online class will be delivered entirely over the Internet. After enrolling, start the class by going to <http://www.gavilan.edu> and log into the system.

**LIB 740 Information Competency for Nursing Assistants**

**Transferable:** No

Online information competency modules that step through the process of finding and evaluating online health resources. These tutorials are paced with AH 180 (Fundamentals of Nursing - Convalescent).

10963 Online J Howell  
 This open-entry/open-exit online class will be delivered entirely over the Internet. After enrolling, start the class by going to <http://www.gavilan.edu> and log into the system.

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All noncredit classes are open entry/exit and free of charge.

CRN Type Room Instructor Hrs. Units Days Begin-End

**LIB 741 Information Competency for the Life Cycle**

**Transferable:** No

Online information competency modules that step through the process of finding and evaluating online health resources. These tutorials are paced with AH3 (The Person in the Life Cycle).

10962 Online J Howell

This open-entry/open-exit online class will be delivered entirely over the Internet. After enrolling, start the class by going to <http://www.gavilan.edu> and log into the system.

**LIB 742 Information Competency for Nutrition**

**Transferable:** No

Online information competency modules that step through the process of finding and evaluating online health resources. These tutorials are paced with AH11 (Nutrition).

10965 Online J Howell

This open-entry/open-exit online class will be delivered entirely over the Internet. After enrolling, start the class by going to <http://www.gavilan.edu> and log into the system.

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10967 Online J Howell

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**MUSIC**

**MUS 763 Music Encounters**

**Transferable:** No

A class for older adults that provides musical activities to stimulate and sustain their auditory function, discernment of sounds and manual dexterity. Students will enjoy music, new and old, by listening, singing, playing and creating music in a group setting.

10293 Lec SOLB7 A Quartuccio 3.3 R 0600-0905

Above class meets at Solorsano Middle School, room B-7: 7121 Grenache Way in Gilroy. (408) 852-2824.

10924 Lec MU101 B Ruggles 3.7 T 0655-1000

**PHYSICAL EDUCATION**

**PE 701 Tai Chi for Wellness**

**Transferable:** No

This course will introduce the student to the thirty seven posture forms and movements of Tai Chi, an ancient Chinese practice that focuses on slow paced coordinated movements that improve balance, coordination, mobility and breathing. The students will also learn how to use this non-contact exercise program to reduce stress in their daily lives.

10939 Lab SJBCC K Yinger 1.2 W 0530-0630

Above class meets at San Juan Community Center, 10 San Jose St. in San Juan Bautista.



Profile  
FACULTY

**Ellen Yu Costa**

We are pleased to introduce Ellen Yu Costa, an adjunct member of our Non-credit division at Gavilan Community College. Ellen recently won Morgan Hill's Educator of the Year award. She teaches ESL US Citizenship classes for immigrants ready to become naturalized citizens preparing for their citizenship exams. She also teaches two other English as a Second Language Life Skills classes at Gavilan College's Morgan Hill site which help prepare students to enter Gavilan's credit ESL and mainstream programs. She has worked for the Morgan Hill Unified School District as a coordinator of El Toro Elementary School's after-school program and a trainer for Martin Murphy Middle School's Leap Track Learning Systems program. Ellen has also been a Community Based English Tutoring (CBET) Instructor since 2004 teaching at the Learning and Loving Education Center for the MH Community Adult School.

Ellen is currently teaching for MetroEd at the Rosemary school in Campbell while trying to complete her graduate work in TESOL (Teaching English to Students of Other Languages) at SJSU by Spring of 2010.

Costa won the Educator of the Year honor for her continuous work in education and advocacy efforts for Morgan Hill's immigrant community.

CRN Type Room Instructor Hrs. Units Days Begin-End

**PE 716 Music/Movement and Health**

**Transferable:** No

This course is designed to assist older adults in improving overall health through movement, music and relaxation techniques. Rhythmical movement will be adjusted to suit individual students mobility needs.

10927 Lab CRC1 B Mendonca 4.8 TR 1000-1200

Above class meets at Centennial Recreation Center, 171 W. Edmondson Ave. in Morgan Hill (408) 779-0208.

10929 Lab GSC1 B Mendonca 2.4 MW 1030-1130

Above class meets at Gilroy Senior Center:Cafeteria, 7371 Hanna St. in Gilroy (408) 846-6049.

10928 Lab JDA1 M Host 1.2 T 1100-1200

Above class meets at Jovenes de Antano, 300 West St. in Hollister (831) 637-9275

All noncredit classes are open entry/exit and free of charge.

**REGISTER ONLINE ...**

Go to [www.gavilan.edu](http://www.gavilan.edu) and click on the Self-Service Banner icon.