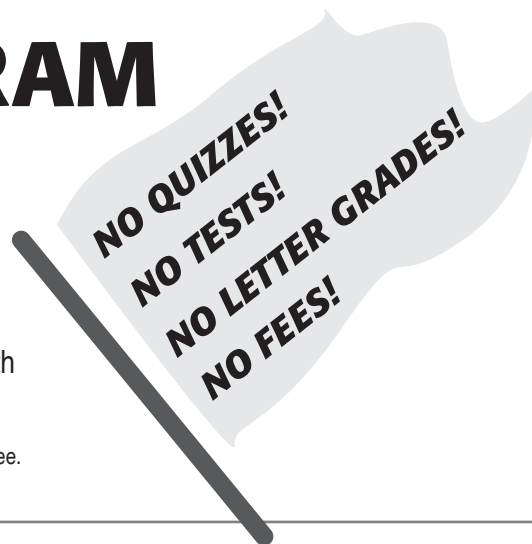


# NONCREDIT PROGRAM



This program is open to all students and currently offers various classes of interest to the community. All classes are free of charge.\* There are no tests, no quizzes and no letter grades. Registration will take place in the Admissions & Records Office or on the first day of class. Students should contact Debra Casella in the Noncredit Office directly with any questions at (408) 852-2824.

\* Some classes may require a materials fee.

## Noncredit ESL Program

ESL Lifeskills 1 - 6

This program consists of a series of survival English classes for students with very little oral or written English. It gives students basic vocabulary and familiarity in life skills areas such as the family, food, health and different occupations to manage their lives in the real world.

Vocational ESL (Workplace Communications)

These courses are designed for ESL students who want to prepare for immediate entry into the job force. Students expand their language skills and learn specific vocational career of interest while developing soft skills needed in the workplace.

## Parenting Program

Classes such as Parent Advocacy are sometimes offered.

## Basic Skills Program

This program assists adult learners with their educational needs in areas of learning English, preparing for citizenship, and improving their basic skills in reading, writing and Math. Classes include:

- Development of Writing Skills
- ESL Citizenship
- GED Preparation
- Introduction to Online Gavilan
- Personal and Career Development
- CAHSEE Preparation (High School Exit Exam)
- ESL Life Skills
- Writers' Workshop

## Adults 55+

This program offers special interest classes to adults 55 and older. Our classes take place at various older adult facilities as well as Gavilan campuses to ensure positive enrollment and convenience for the students.

# FALL NONCREDIT CLASSES

CRN Type Room Instructor Hrs. Units Days Begin-End

### ALLIED HEALTH

#### **AH 740 Tai Chi for Arthritis and Other Related Illnesses**

**Transferable:** No

This course is designed for the maintenance of the physical and mental well-being of an older adult with arthritis and other related illnesses. Instruction will focus on the postures and movements of Tai Chi, a Chinese exercise regimen that has a slow paced movement that improves balance, coordination, breathing and builds strength and stamina. Activities are included that promote self-care and health awareness.

11012 Lab WM1 Yinger K 2.0 TR 1000-1100  
Above class meets at Wheeler Manor 651 W. 6th St. in Gilroy.

11013 Lab JDA1 Frey E 1.0 R 1115-1215  
Above class meets at Jovenes de Antano 300 West St. in Hollister.

11011 Lab CRC1 Dunn M 1.8 W 0600-0730  
Above class meets at Centennial Recreation Center, 171 W. Edmundson Ave. in Morgan Hill.

All noncredit classes are open entry/exit and free of charge.

CRN Type Room Instructor Hrs. Units Days Begin-End

**AH 741 Body Dynamics and Aging**

**Transferable:** No

This course is designed for the 55+ adult student to provide awareness and knowledge of physical fitness, stress management and nutrition to personal health. Discussions will focus on nutrition, sleep disorders, depression, leisure/social activities and chronic conditions that effect the body as aging occurs.

11027 Lec CRC1 Lee C 1.8 W 1030-1200  
Above class meets at Centennial Recreation Center, 171 W. Edmundson Ave. in Morgan Hill.

**AH 742 Coping with Loss**

**Transferable:** No

In this course, the older adult will learn that grief and loss are an integral part of the human experience and they are not alone and that grief is universal. Specific topics will include: the process of normal grieving, tools for effective coping, signs of depression, resiliency skills, and resources available in the community and redefining one's life after a loss.

11026 Lec HSC Elmhurst D 2.0 M 0630-0830  
Above class meets at Hillside Church in Hollister.

**AH 793 Personal and Career Development**

**Transferable:** No

A wide variety of lectures on general themes offered to students throughout the academic year who want short-formatted content to augment their personal, academic and career development. General themes to be explored are: Communication, Interpersonal Skills, Pre- employment, Decision-Making, Financial Literacy, Career and Personal Development and Self-Management with Nutrition. This noncredit course is a combination of lecture, self-assessments, group activities and individual modules.

11031 Online LI100 Sweeney S 6.0 WR 0430-0730  
09/01/09 - 12/31/09 This Hybrid lecture/online class will be delivered partially over the internet and also meet face to face at select locations. You must have an email account to take a distance ed course. **H** Unless you have made prior arrangements with the instructor, come to class in person on the first day of the semester or the first day of class for short-term courses. If you do not show up on the first day you may be dropped. For help, contact your instructor or email disted@gavilan.edu.

**ART**

**ART 760 Arts and Crafts I for Older Adults**

**Transferable:** No

A general survey of arts and crafts with an emphasis on exercises and experiments with methods and materials, including: painting, drawing, color theory, composition and rendering, batik or tie-dye, quilting or needlepoint, crocheting or knitting and block printing.

11029 Lab WM1 Barrett S 3.0 M 0100-0400  
Above class meets at Wheeler Manor 651 W. 6th St. in Gilroy. Student's will be required to pay for materials.

11030 Lab CRC1 Gupta R 3.0 R 0100-0400  
Above class meets at Centennial Recreation Center, 171 W. Edmundson Ave. in Morgan Hill. Student's will be required to pay for materials.

All noncredit classes are open entry/exit and free of charge.

CRN Type Room Instructor Hrs. Units Days Begin-End

**ART 761 Arts and Crafts II for Older Adults**

**Transferable:** No

A general survey of arts and crafts with an emphasis on exercises and experiments with methods and materials, including: Metal, leather, fibers, glass, wood, and paper crafts. The crafts will be for both decorative or utilitarian.

11028 Lab HVME1 Dickerson P 3.0 F 0900-1200  
Above class meets at Hacienda Valley Mobile Estates, 275 Burnett Ave. in Morgan Hill. Student's will be required to pay for materials.

**COMPUTER SCIENCE & INFORMATION SYSTEMS**

**CSIS 728 Windows for the Older Adult**

**Transferable:** No

This course is designed as an introductory course for the older adults to learn Windows operations, file management and other Windows Fundamentals.

10988 Lab HOL3 TBA 2.0 TR 0330-0430  
Above class meets at the Hollister Briggs site.

11009 Lab CTC2 TBA 2.8 T 0900-1130  
Above class meets at Gavilan Computer Technology Center (Room 2) on Murray Ave. in Gilroy.

**CSIS 729 Word Processing-MS Word for the Older Adult**

**Transferable:** No

A course designed for older adults (55+) to develop word processing skills to write and edit simple documents, format text, use bullets, create tables, insert clipart and use other features of the toolbar.

11022 Lec CTC2 TBA 2.8 R 0900-1130  
Above class meets at Gavilan Computer Technology Center (Room 2) on Murray Ave. in Gilroy.

**ENGLISH**

**ENGL 749 Writers' Workshop**

**Transferable:** No

Writers' Workshop is an open enrollment class that allows community members and students from all disciplines to participate in a regularly scheduled, instructor-facilitated writing response group. Activities include focused response to participants' writing, generative writing games and prompts and interaction with visiting writers and scholars.

10989 Lec GLEN Smith K 3.0 W 0130-0430  
Above class meets at Glenview Elementary (Family Academy Room) 480 Eighth St. in Gilroy.

**ENGL 750 Creative Writing Workshop for Older Adults**

**Transferable:** No

A class designed for older adults to develop their writing skills in a peer support group. They are guided in creative expression through prose and poetry. Older adults are encouraged to read their works in class and learn how to respond to writing, guided creative exercises and assignments, sentence and story structure.

11024 Lec CRC1 Kirchner V 1.8 M 0930-1100  
Above class meets at Centennial Recreation Center 171 W. Edmundson Ave. in Morgan Hill.

CRN	Type	Room	Instructor	Hrs.	Units	Days	Begin-End
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**ENGL 756 GED Preparation****Transferable:** No

This course is designed to prepare the student to pass the five General Education Development (GED) tests in Writing, Social Studies, Science, Literature and Mathematics. English grammar and usage, reading comprehension, writing, vocabulary and computational skills are emphasized. The course is designed for students who are 18 years of age or older and elect to take the High School Equivalency Examination.

10981	Lab	HOL3	Miguel B	3.0	S		0100-0400
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Above class meets at the Hollister Briggs site.

10982	Lab	HOL4	Holguin D	4.0	S		0830-1230
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Above class meets at the Hollister Briggs site. This class is taught in Spanish. (Esta clase se enseña en Español).

11003	Lab	CRL	TBA	4.0	MW		0400-0600
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09/14/09 - 12/16/09 Above class meets at Charles River Labs Park Center Dr. in Hollister.

11004	Lab	CTC2	Holguin D	2.8	T		0630-0900
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Above class meets at Gavilan Computer Technology Center (Room 2) on Murray Ave. in Gilroy.

11005	Lab	CTC1	Vargas-Padilla	2.8	M		0630-0900
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Above class meets at Gavilan Computer Technology Center (Room 1) on Murray Ave. in Gilroy. This class is taught in Spanish. (Esta clase se enseña en Español).

**ENGLISH AS A SECOND LANGUAGE****ESL 702A ESL Citizenship****Transferable:** No

This course is designed for second language learners that want to prepare for the United States Citizenship test given by the Department of Immigration and U. S. Naturalization Services. The focus will be on communicative English skills and knowledge of American History and Government required for passing the test to become a citizen of the United States. Readings are at the high-beginning/low-intermediate ESL level and will focus on the historical period beginning in the 1600's on through to 1980.

10976	Lec	MHG5	Yu-Costa E	5.6	MW		0900-1130
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Above class meets at Morgan Hill Community site.

10975	Lec	STF1	Stuker D	3.6	MR		0600-0730
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Above class meets at St. Frances Building, 7950 Church St. in Gilroy

10977	Lec	JDA1	Segovia M	5.6	TR		0600-0830
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Above class meets at Jovenes de Antano, 300 West Street (Gavilan Room) in Hollister.

**ESL 704A ESL for the Workplace****Transferable:** No

This is part A of a content-based integrated skills course for ESL students who want to prepare for immediate entry into the job force. Students expand their language skills within the realm of the work world and specific vocational career of interest while also developing the soft skills needed in the workplace. This course is a combination of lecture, lab, and self-paced instruction.

11006	Lab	CTC1	Rivoallon L	10.0	MTWRF		0900-1100
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Above class meets at Gavilan Computer Technology Center (Room 1) on Murray Ave. in Gilroy.

11008	Lab	JS1	TBA	9.0	MTW		0500-0800
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Above class meets at Jasmine Square Apartments 16530 Monterey Rd. in Morgan Hill.

11007	Lab	CTC1	Vargas-Padilla	6.0	TWR		0700-0900
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Above class meets at Gavilan Computer Technology Center (Room 1) on Murray Ave. in Gilroy.

CRN	Type	Room	Instructor	Hrs.	Units	Days	Begin-End
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**ESL 777 ESL Lifeskills 1****Transferable:** No

This is the first course in a series of survival English classes for students with very little oral or written English competency. It will give students basic vocabulary and familiarity in life skill areas such as the family, food, health, and occupations to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test.

10978	Lec	ELIOT1	Payne D	5.4	MWF		0830-1000
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Above class meets at Eliot Elementary School (Cafeteria) 475 Old Gilroy Street in Gilroy.

11136	Lec	SBCCL	TBA	6.0	TR		0900-1200
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Above class meets at San Benito County Library 470 5th St. in Hollister.

10979	Lec	VLA1	Segovia G	5.6	TR		0600-0830
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Above class meets at Villa Luna Apartments, 850 Hillcrest Rd., Hollister.

10992	Lec	ROH	Gaver J	5.6	MW		0600-0830
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Above class meets at R.O. Hardin 881 Line St. in Hollister.

10994	Lec	CALAVR	TBA	5.4	MWF		0600-0730
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Above class meets at Calaveras Elementary 1151 Buena Vista Rd. in Hollister.

10993	Lec	BROWNL	Camacho-Light	6.0	TWR		0700-0900
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Above class meets at Brownell Elementary 7800 Carmel St. in Gilroy.

10995	Lec	CALAVR	TBA	5.4	MWF		0745-0915
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Above class meets at Calaveras Elementary 1151 Buena Vista Rd. in Hollister.

**ESL 778 ESL Lifeskills 2****Transferable:** No

This is the second course in a series of classes in survival English for students with very little oral or written English competency. It will give students basic vocabulary and familiarity in life skill areas such as the family, food, health, and occupations to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 777.

10980	Lec	MHG13	Yu-Costa E	4.0	TR		0930-1130
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Above class meets at Morgan Hill Community site.

10997	Lec	SUNNY	Vallejo M	5.4	TWR		0600-0730
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Above class meets at Sunnyslope Elementary 1475 Memorial Dr. in Hollister.

**ESL 779 ESL Lifeskills 3****Transferable:** No

This is the third in a series of classes in survival English for students with little oral or written English competency. It will give students expanded basic vocabulary and familiarity in life skill areas such as the weather, transportation, employment, and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 778.

11000	Lec	CTC3	Morley S	9.0	MWF		0900-1200
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Above class meets at Gavilan Computer Technology Center (Room 3) on Murray Ave. in Gilroy.

10998	Lec	CRL	TBA	4.0	TR		0400-0600
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09/15/09 - 12/17/09 Above class meets at Charles River Labs Park Center Dr. in Hollister.

10999	Lec	SVALLY	TBA	5.4	MWF		0700-0830
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Above class meets at South Valley Junior High (Room E-7) in Gilroy.

CRN Type Room Instructor Hrs. Units Days Begin-End

**ESL 780 ESL Lifeskills 4**

**Transferable:** No

This is the fourth course in a series of survival English for students with little oral or written English competency. It will give students expanded basic vocabulary and familiarity in life skill areas such as weather, transportation, employment, and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, reading, writing. **ADVISORY:** Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 779.

10985 Lec GABILN Howell J 5.4 MWF 0600-0730  
Above class meets at the Gavilan Hills Elementary, 901 Santa Ana Rd. Suite 100 in Hollister.

11001 Lec GABILN Howell J 5.4 MWF 0745-0915  
Above class meets at Gavilan Hills Elementary, 901 Santa Ana Rd. Suite 100 in Hollister.

**ESL 781 ESL Lifeskills 5**

**Transferable:** No

This is the fifth course in a series of survival English for students with beginning oral or written English competency. It will reinforce basic skills learned and continue to develop vocabulary and ease of communication in life skill areas such as the family, the larger community, health, employment, and leisure activities to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. **ADVISORY:** Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 780.

11002 Lec BURNET Yu-Costa E 5.6 TR 0600-0830  
Above class meets at Burnett Elementary 85 Tilton Ave. in Morgan Hill.

11135 Lec SVALLY Magana J 5.6 MWF 0700-0830  
Above class meets at South Valley Middle School, Rm E-5, 385 I.O.O.F Ave., Gilroy.

**HUMANITIES**

**HUM 767 Film Classics**

**Transferable:** No

This class is designed to study the facts, fantasy, history and trivia of classic and modern films. The background and history of each film and its performance will be compared and contrasted.

11020 Lab JDA1 Sendejas L 3.0 F 1000-0100  
Above class meets at Jovenes de Antano 300 West St. in Hollister.

11021 Lab PLY Richards G 3.0 W 0200-0500  
Above class meets at Morgan Hill Playhouse in Morgan Hill.

11019 Lab WM1 Sendejas L 3.0 S 0430-0730  
Above class meets at Wheeler Manor 651 W. 6th St. in Gilroy.

**LIBRARY**

**LIB 730 Internet Literacy for Older Adults**

**Transferable:** No

A class for older adults to learn email techniques, how to find information on their interests, news sources, and the skill of browsing online, as well as how best to use the local public library online services, online shopping, search strategies, and interactive games.

10987 Lec HOL3 TBA 2.0 TR 0230-0330  
Above class meets at the Hollister Briggs site.

CRN Type Room Instructor Hrs. Units Days Begin-End

**LIB 732 Introduction to Online Gavilan**

**Transferable:** No

Introduction to the online classes and student services at Gavilan College. This course will show students how to log into their online courses, find lectures, assignments and exams, take part in online class discussions, submit attachments, and view their grades. The course will also cover all the online student services available to the distant student, including counseling, library resources, records and grades, financial aid, tutoring and technical support.

10984 Online Parker J



This open-entry, open-exit online class will be delivered entirely over the Internet. After enrolling, start the class by going to <http://www.gavilan.edu/disted>, and log into the system.

**LIB 733 Exploring the Web for Older Adults**

**Transferable:** No

Designed to address the interests of older adults, students will learn about the web's rich offering in graphics, sharing digital pictures, and downloading audio files and audiobooks after paying your bills online. Students will learn online techniques to take advantage of all the latest tools, such as wikis, blogs, search techniques and great travel destinations. **ADVISORY:** LIB 730, Internet Literacy for Older Adults.

10986 Lec HOL3 TBA 2.0 TR 0130-0230  
Above class meets at the Hollister Briggs site.

**PHYSICAL EDUCATION**

**PE 701 Tai Chi for Wellness**

**Transferable:** No

This course will introduce the student to the thirty seven posture forms and movements of Tai Chi, an ancient Chinese practice that focuses on slow paced coordinated movements that improve balance, coordination, mobility and breathing. The students will also learn how to use this non-contact exercise program to reduce stress in their daily lives.

11010 Lab SJBCC Yinger K 1.0 W 0530-0630  
Above class meets at San Juan Bautista Community Center

**PE 716 Music/Movement and Health**

**Transferable:** No

This course is designed to assist older adults in improving overall health through movement, music and relaxation techniques. Rhythmical movement will be adjusted to suit individual students mobility needs.

11015 Lab VPRI1 Lee C 1.0 T 1030-1130  
Lab VPRI1 Lee C 1.0 W 0930-1030

Above class meets at Valley Pines Retirement Inn 545 E. Main Ave. in Morgan Hill.

11016 Lab GSC1 Mendonca B 1.0 F 0130-0230  
Lab GSC1 Mendonca B 1.0 W 1000-1100  
Lab GSC1 Mendonca B 1.0 M 1100-1200

Above class meets at Gilroy Senior Center 7371 Hanna St. in Gilroy.

11017 Lab JDA1 Host M 1.0 T 1100-1200  
Above class meets at Jovenes de Antano 300 West St. in Gilroy.

11018 Lab CRC1 Mendonca B 4.0 TF 1000-1200  
Lab CRC1 Mendonca B 1.0 R 1030-1130

Above class meets at Centennial Recreation Center 171 W. Edmundson Ave. in Morgan Hill.

All noncredit classes are open entry/exit and free of charge.