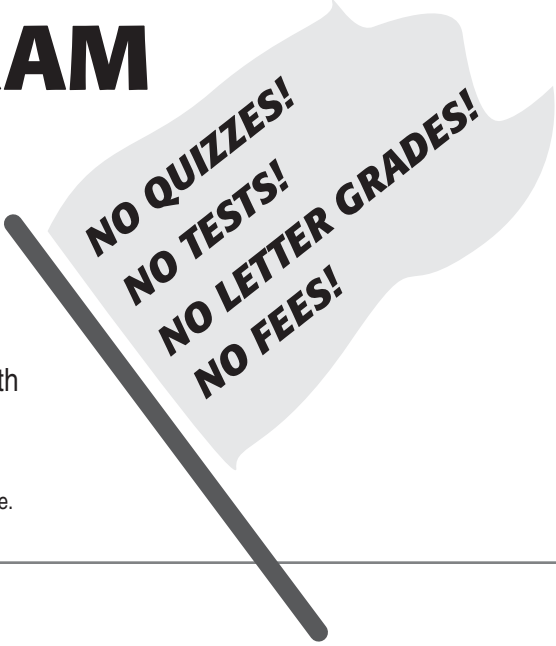


NONCREDIT PROGRAM

This program is open to all students and currently offers various classes of interest to the community. All classes are free of charge.* There are no tests, no quizzes and no letter grades. Registration will take place in the Admissions & Records Office or on the first day of class. Students should contact Michelle Lopez in the Noncredit Office directly with any questions or for further information at (408) 848-4859.

* Some classes may require a materials fee.



**NO QUIZZES!
NO TESTS!
NO LETTER GRADES!
NO FEES!**

Adults 55+

This program offers special interest classes to adults 55 and older. Our classes take place at various older adult facilities as well as Gavilan campuses to ensure positive enrollment and convenience for the students. Classes include:

- Arts and Crafts
- Body Dynamics and the Aging Process
- Coping with Loss
- Creative Writing Workshop
- Discover Your Family History
- Exploring the Web
- Film Classics
- Finding Book Treasures
- Internet Literacy I & II
- Journal Writing
- Legal Resources for Older Adults
- Microsoft Word
- Music Encounters
- Music, Movement & Wellness
- Tai Chi for Arthritis and Other Illnesses
- The Art of Storytelling
- The Joy of Listening to Music
- The Theater Experience
- Windows Fundamentals
- Writing Your Autobiography

Staff Wellness Program

This program is geared toward meeting the needs of working adults and others interested in maintaining a healthy lifestyle. All classes are free of charge and are open to all staff members as well as the community.

- Tai Chi for Health
- Mindful Stress Reduction

Parenting Program

- Parent Advocacy

Basic Skills Program

This program assists adult learners with their educational needs in areas of learning English, preparing for citizenship, and improving their basic skills in reading, writing and Math.

- ESL Citizenship
- GED Preparation
- Introduction to Online Gavilan
- Personal and Career Development
- Vocational ESL (Workplace Communications)
- CAHSEE Preparation (High School Exit Exam)
- ESL Life Skills
- Writers' Workshop

FALL NONCREDIT CLASSES

CRN Type Room Instructor Hrs. Units Days Begin-End

ALLIED HEALTH

AH 740 Tai Chi for Arthritis and Other Related Illnesses

Transferable: No

This course is designed for the maintenance of the physical and mental well-being of an older adult with arthritis and other related illnesses. Instruction will focus on the postures and movements of Tai Chi, a Chinese exercise regimen that has a slow paced movement that improves balance, coordination, breathing and builds strength and stamina. Activities are included that promote self-care and health awareness.

10424	Lab	WM1	Yinger K	2.00	TR	1000A-1100A
Above class meets at Wheeler Manor 651 W. 6th Street, Gilroy.						
10419	Lab	HHH1	Faulds H	1.00	S	1045A-1145A
Above class meets at Hazel Hawkins Hospital 911 Sunset Dr., Hollister.						
10421	Lab	JDA1	Frey E	1.00	R	1115A-1215P
Above class meets at Jovenes de Antano 300 West St., Hollister.						
10423	Lab	VPRI1	Yinger K	1.00	R	0100P-0200P
Above class meets at Valley Pines Retirement Inn 545 E. Main Ave., Morgan Hill.						

AH 741 Body Dynamics and Aging

Transferable: No

This course is designed for the 55+ adult student to provide awareness and knowledge of physical fitness, stress management and nutrition to personal health. Discussions will focus on nutrition, sleep disorders, depression, leisure/social activities and chronic conditions that effect the body as aging occurs.

10993	Lec	CRC1	Lee C	1.80	W	1030A-1200P
Above class meets at Centennial Recreation Center 171 W. Edmundson Ave., Morgan Hill.						

ART

ART 760 Arts and Crafts I for Older Adults

Transferable: No

A general survey of arts and crafts with an emphasis on exercises and experiments with methods and materials, including: painting, drawing, color theory, composition and rendering, batik or tie-dye, quilting or needlepoint, crocheting or knitting and block printing.

10253	Lab	HVME1	Gupta R	3.00	F	0930A-1230P
Above class meets at Hacienda Valley Mobile Estates 275 Burnett Ave., Morgan Hill. A \$25 materials fee will be charged.						
10251	Lab	WM1	Barrett S	3.00	M	0100P-0400P
Above class meets at Wheeler Manor 651 W. 6th Street, Gilroy. A \$25 materials fee will be charged.						

CRN Type Room Instructor Hrs. Units Days Begin-End

COMPUTER SCIENCE & INFORMATION SYSTEMS

CSIS 728 Windows for the Older Adult

Transferable: No

This course is designed as an introductory course for the older adults to learn Windows operations, file management and other Windows Fundamentals.

10427	Lab	CTC2	Hernandez A	2.80	T	0900A-1130A
Above class meets at Gavilan Computer Technology Center Room 2 7881 Murray Ave., Gilroy.						
10994	Lab	HOL3	Mendez F	2.00	MW	0430P-0530P
Above class meets at the Hollister Briggs site.						

CSIS 729 Word Processing-MS Word for the Older Adult

Transferable: No

A course designed for older adults (55+) to develop word processing skills to write and edit simple documents, format text, use bullets, create tables, insert clipart and use other features of the toolbar.

10430	Lec	CTC2	Hernandez A	2.80	R	0900A-1130A
Above class meets at Gavilan Computer Technology Center Room 2 7881 Murray Ave., Gilroy.						

ENGLISH

ENGL 749 Writers' Workshop

Transferable: No

Writers' Workshop is an open enrollment class that allows community members and students from all disciplines to participate in a regularly scheduled, instructor-facilitated writing response group. Activities include focused response to participants' writing, generative writing games and prompts and interaction with visiting writers and scholars.

10968	Lec	BU117	Smith K	1.80	T	0230P-0400P
10969	Lec	TBA	Smith K	1.80	W	0300P-0430P
Please call for location - 408-848-4800, x 5116						

ENGL 750 Creative Writing Workshop for Older Adults

Transferable: No

A class designed for older adults to develop their writing skills in a peer support group. They are guided in creative expression through prose and poetry. Older adults are encouraged to read their works in class and learn how to respond to writing, guided creative exercises and assignments, sentence and story structure.

10260	Lec	CRC1	Serrano K	1.80	M	0930A-1100A
Above class meets at Centennial Recreation Center 171 W. Edmundson Ave., Morgan Hill.						

ENGL 754 Discover Your Family History for Older Adults

Transferable: No

This class will assist older adults in the research and writing of their family histories. They will collect names of relatives and establish relationships through primary, secondary and/or circumstantial evidence and/or documentation. Various sources for researching including Internet use will be encouraged.

10261	Lab	CRC1	Serrano K	1.80	F	0930A-1100A
Above class meets at Centennial Recreation Center 171 W. Edmundson Ave., Morgan Hill.						

All noncredit classes are open entry/exit and free of charge.

CRN Type Room Instructor Hrs. Units Days Begin-End

ENGL 756 GED Preparation

Transferable: No

This course is designed to prepare the student to pass the five General Education Development (GED) tests in Writing, Social Studies, Science, Literature and Mathematics. English grammar and usage, reading comprehension, writing, vocabulary and computational skills are emphasized. The course is designed for students who are 18 years of age or older and elect to take the High School Equivalency Examination.

10281	Lab	CTC1	Miguel B	3.00	S	0900A-1200P
Above class meets at Gavilan Computer Technology Center Room 1 7881 Murray Ave., Gilroy.						
10279	Lab	HOL3	Miguel B	3.00	S	0100P-0400P
Above class meets at the Hollister Briggs site.						
11001	Lab	CTC1	Padilla M	2.00	M	0700P-0900P
Above class meets at Gavilan Computer Technology Center Room 1, 7881 Murray Ave., Gilroy.						

ENGLISH AS A SECOND LANGUAGE

ESL 702A ESL Citizenship

Transferable: No

This course is designed for second language learners that want to prepare for the United States Citizenship test given by the Department of Immigration and U. S. Naturalization Services. The focus will be on communicative English skills and knowledge of American History and Government required for passing the test to become a citizen of the United States. Readings are at the high-beginning/low-intermediate ESL level and will focus on the historical period beginning in the 1600's on through to 1980.

10262	Lec	HOLREC2	Segovia M	5.60	TR	0600P-0830P
Above class meets at Hollister Recreation Center Gabilan Room 375 5th St., Hollister.						
10263	Lec	STF1	Stuker D	3.60	MR	0600P-0730P
Above class meets at St. Frances 7950 Church St., Gilroy.						

ESL 704A ESL for the Workplace

Transferable: No

This is part A of a content-based integrated skills course for ESL students who want to prepare for immediate entry into the job force. Students expand their language skills within the realm of the work world and specific vocational career of interest while also developing the soft skills needed in the workplace. This course is a combination of lecture, lab, and self-paced instruction.

10432	Lab	CTC1	Rivoallon L	10.00	MTWRF	0900A-1100A
Above class meets at Gavilan Computer Technology Center Room 1 7881 Murray Ave., Gilroy.						
10434	Lab	JS1	TBA	4.00	MT	0600P-0800P
	Lab	MHG5	TBA	2.00	W	0600P-0800P
Above class meets on Monday & Tuesday at Jasmine Square Apts. 16530 Monterey Rd., Morgan Hill. Wednesday class will be at the Morgan Hill Site 17060 Monterey Rd.						
10436	Lab	CTC1	Padilla M	6.00	TWR	0700P-0900P
Above class meets at Gavilan Computer Technology Center Room 1 7881 Murray Ave., Gilroy.						

 **ESL 777 ESL Lifeskills 1**

Transferable: No

This is the first course in a series of survival English classes for students with very little oral or written English competency. It will give students basic vocabulary and familiarity in life skill areas such as the family, food, health, and occupations to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test.

11004	Lec	MHG13	TBA	5.40	MWF	1000A-1130A
Above class meets at Morgan Hill Community site.						
11002	Lec	TBA	Segovia M	5.40	MWF	0600P-0730P
Please call for location - 408-848-4800, x 5116						
11005	Lec	TBA	TBA	5.40	MWF	0700P-0830P
Please call for location - 408-848-4800, x 5116						
11006	Lec	MV1	TBA	5.40	MTW	0700P-0830P
Above class meets at Monterra Village 950 Mantelli Drive, Gilroy.						
11003	Lec	TBA	Segovia M	5.40	MWF	0745P-0915P
Please call for location - 408-848-4800, x 5116						

CRN Type Room Instructor Hrs. Units Days Begin-End

 **ESL 778 ESL Lifeskills 2**

Transferable: No

This is the second course in a series of classes in survival English for students with very little oral or written English competency. It will give students basic vocabulary and familiarity in life skill areas such as the family, food, health, and occupations to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 777.

11008	Lec	MHG13	TBA	4.00	TR	0930A-1130A
Above class meets at Morgan Hill Community site.						
11009	Lec	TBA	Vallejo M	5.40	TWR	0600P-0730P
Please call for location - 408-848-4800, x 5116						
11007	Lec	TBA	TBA	5.40	MWF	0700P-0830P
Please call for location - 408-848-4800, x 5116						
11010	Lec	TBA	Vallejo M	5.40	TWR	0745P-0915P
Please call for location - 408-848-4800, x 5116						

 **ESL 779 ESL Lifeskills 3**

Transferable: No

This is the third in a series of classes in survival English for students with little oral or written English competency. It will give students expanded basic vocabulary and familiarity in life skill areas such as the weather, transportation, employment, and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 778.

11012	Lec	CTC3	Morley S	6.00	MWF	0900A-1100A
Above class meets at Gavilan Computer Technology Center Room 3, 7881 Murray Ave., Gilroy.						
11011	Lec	CTC2	TBA	5.40	MWF	0700P-0830P
Above class meets at Gavilan Computer Technology Center Room 2, 7881 Murray Ave., Gilroy.						

 **ESL 780 ESL Lifeskills 4**

Transferable: No

This is the fourth course in a series of survival English for students with little oral or written English competency. It will give students expanded basic vocabulary and familiarity in life skill areas such as weather, transportation, employment, and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, reading, writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 779.

10964	Lec	HOL6	TBA	5.40	MWF	0600P-0730P
Above class meets at the Hollister Briggs site.						
10996	Lec	RC1	TBA	5.60	MW	0630P-0900P
Above class meets at Royal Court 17935 Monterey St., Morgan Hill.						
10965	Lec	HOL6	TBA	5.40	MWF	0745P-0915P
Above class meets at the Hollister Briggs site.						

 **ESL 781 ESL Lifeskills 5**

Transferable: No

This is the fifth course in a series of survival English for students with beginning oral or written English competency. It will reinforce basic skills learned and continue to develop vocabulary and ease of communication in life skill areas such as the family, the larger community, health, employment, and leisure activities to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 780.

10966	Lec	HOL4	TBA	5.40	MWF	0600P-0730P
Above class meets at the Hollister Briggs site.						
10998	Lec	RC1	TBA	5.60	TR	0630P-0900P
Above class meets at Royal Court 17935 Monterey St., Morgan Hill.						
10997	Lec	CTC3	TBA	5.40	MWF	0700P-0830P
Above class meets at Gavilan Computer Technology Center Room 3, 7881 Murray Ave., Gilroy.						
10967	Lec	HOL4	TBA	5.40	MWF	0745P-0915P
Above class meets at the Hollister Briggs site.						

CRN Type Room Instructor Hrs. Units Days Begin-End

HUMANITIES

HUM 767 Film Classics

Transferable: No

This class is designed to study the facts, fantasy, history and trivia of classic and modern films. The background and history of each film and its performance will be compared and contrasted.

10267 Lab HOLREC1 Sendejas L 2.80 F 1000A-1230P
Above class meets at Hollister Recreation Center Dunne Park Bldg. 375 5th St., Hollister.

11000 Lab PLY Richards G 3.00 W 0200P-0500P
Above class meets at Morgan Hill Playhouse 17000 Monterey Rd.

10273 Lab WM1 Sendejas L 3.00 S 0430P-0730P
Above class meets at Wheeler Manor 651 W. 6th Street, Gilroy.

LIBRARY

LIB 730 Internet Literacy for Older Adults

Transferable: No

A class for older adults to learn email techniques, how to find information on their interests, news sources, and the skill of browsing online, as well as how best to use the local public library online services, online shopping, search strategies, and interactive games.

10302 Lec HOL3 Mendez F 2.00 MW 0300P-0400P
Above class meets at the Hollister Briggs site.

LIB 732 Introduction to Online Gavilan

Transferable: No

Introduction to the online classes and student services at Gavilan College. This course will show students how to log into their online courses, find lectures, assignments and exams, take part in online class discussions, submit attachments, and view their grades. The course will also cover all the online student services available to the distant student, including counseling, library resources, records and grades, financial aid, tutoring and technical support.

10306 Online N/A Parker J
08/18/08 - 12/20/08 This online class will be delivered entirely over the Internet. Log in at www.gavilan.edu/disted to access the class any time during the semester.

LIB 733 Exploring the Web for Older Adults

Transferable: No

Designed to address the interests of older adults, students will learn about the web's rich offering in graphics, sharing digital pictures, and downloading audio files and audiobooks after paying your bills online. Students will learn online techniques to take advantage of all the latest tools, such as wikis, blogs, search techniques and great travel destinations. **ADVISORY:** LIB 730, Internet Literacy for Older Adults.

10264 Lec MHG5 Curtis G 2.00 R 0930A-1130A
Above class meets at Morgan Hill Community site.

10266 Lec HOL3 Mendez F 3.60 MW 0130P-0300P
Above class meets at the Hollister Briggs site.

CRN Type Room Instructor Hrs. Units Days Begin-End

LIB 734 Legal Resources for Older Adults

Transferable: No

Older Americans face a gamut of legal issues in planning their future and must be aware of their rights in order to stay in charge of their lives. Finding the way through the maze of legal resources is a learned process. This course touches on basic legal issues including elder law, consumer and small claims, wills and estate planning, power of attorney and health care directives. **ADVISORY:** LIB 730, Internet Literacy for Older Adults.

10962 Lec MHG12 Hayes C 3.00 W 0230P-0530P
10/01/08 - 11/05/08 Above class meets at Morgan Hill Community site.

10963 Lec BU119 Hayes C 3.00 W 0600P-0900P
10/01/08 - 11/05/08 Above class meets at Morgan Hill Community site.

MUSIC

MUS 763 Music Encounters

Transferable: No

A class for older adults that provides musical activities to stimulate and sustain their auditory function, discernment of sounds and manual dexterity. Students will enjoy music, new and old, by listening, singing, playing and creating music in a group setting.

10314 Lec VPRI1 Yinger K 1.00 T 0100P-0200P
Above class meets at Valley Pines Retirement Inn 545 E. Main Ave., Morgan Hill.

11013 Lec GHS Robb P 3.30 T 0600P-0905P
Above class meets at Gilroy High School, 750 West Tenth St, Gilroy.

11014 L/L PB5 Quartuccio A 3.30 W 0600P-0905P

PHYSICAL EDUCATION

PE 701 Tai Chi for Wellness

Transferable: No

This course will introduce the student to the thirty seven posture forms and movements of Tai Chi, an ancient Chinese practice that focuses on slow paced coordinated movements that improve balance, coordination, mobility and breathing. The students will also learn how to use this non-contact exercise program to reduce stress in their daily lives.

10425 Lab APE101 Yinger K 1.00 T 0530P-0630P

PE 716 Music/Movement and Health

Transferable: No

This course is designed to assist older adults in improving overall health through movement, music and relaxation techniques. Rhythmical movement will be adjusted to suit individual students mobility needs.

10315 Lab JDA1 Host M 2.00 T 1000A-1200P
Above class meets at Jovenes de Antano 300 West St., Hollister.

10318 Lab CRC1 Mendonca B 2.00 TF 1000A-1100A
Above class meets at Centennial Recreation Center 171 W. Edmundson Ave., Morgan Hill.

10414 Lab GSC1 Mendonca B 1.00 W 1000A-1100A
Lab GSC1 Mendonca B 1.00 F 0130P-0230P
Above class meets at Gilroy Senior Center 7371 Hanna St., Gilroy.

10974 Lab VPRI1 Lee C 1.80 F 1030A-1200P
Above class meets at Valley Pines Retirement Inn 545 E. Main Ave., Morgan Hill.

10412 Lab CRC1 Mendonca B 2.00 TF 1100A-1200P
Above class meets at Centennial Recreation Center 171 W. Edmundson Ave., Morgan Hill.

All noncredit classes are open entry/exit and free of charge.