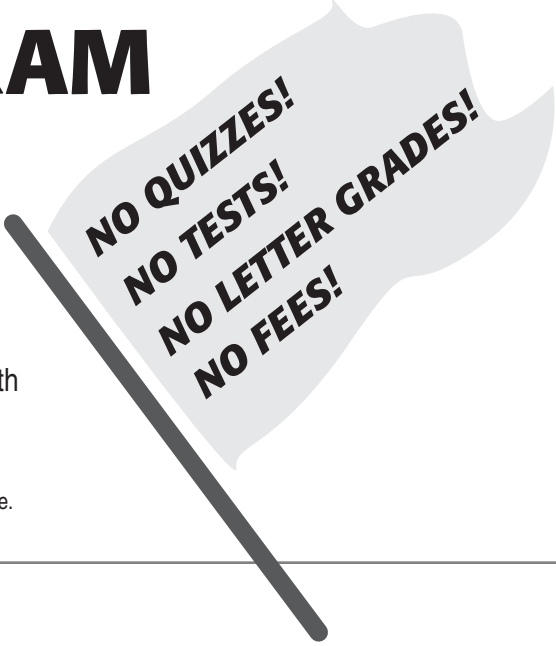


NONCREDIT PROGRAM

This program is open to all students and currently offers various classes of interest to the community. All classes are free of charge.* There are no tests, no quizzes and no letter grades. Registration will take place in the Admissions & Records Office or on the first day of class. Students should contact Michelle Lopez in the Noncredit Office directly with any questions or for further information at (408) 848-4859.

* Some classes may require a materials fee.



**NO QUIZZES!
NO TESTS!
NO LETTER GRADES!
NO FEES!**

Adults 55+

This program offers special interest classes to adults 55 and older. Our classes take place at various older adult facilities as well as Gavilan campuses to ensure positive enrollment and convenience for the students. Classes include:

- Arts and Crafts
- Body Dynamics and the Aging Process
- Coping with Loss
- Creative Writing Workshop
- Discover Your Family History
- Exploring the Web
- Film Classics
- Finding Book Treasures
- Internet Literacy
- Journal Writing
- Legal Resources for Older Adults
- Music Encounters
- Music, Movement & Wellness
- Tai Chi for Arthritis and Other Illnesses
- The Art of Storytelling
- The Joy of Listening to Music
- The Theater Experience
- Windows Fundamentals
- Writing Your Autobiography

More Older Adult classes coming soon!...

- Armchair Travels
- As Others See Americans
- Topics for Seniors, Staying Well Informed

Staff Wellness Program

This program is geared toward meeting the needs of our Gavilan College family. All classes are free of charge and are open to all staff members as well as the community.

- Tai Chi for Health
- Mindful Stress Reduction

Staff Wellness Coming soon!...

- Weight Control
- Workplace Fitness

Parenting Program

- Parent Advocacy

Basic Skills Program

- ESL Citizenship
- GED Preparation
- Introduction to Online Gavilan
- Personal and Career Development
- Vocational ESL (Workplace Communications)

FALL NONCREDIT CLASSES

ALLIED HEALTH

AH 740 Tai Chi for Arthritis and Other Related Illnesses

Transferable: No

This course is designed for the maintenance of the physical and mental well-being of an older adult with arthritis and other related illnesses. Instruction will focus on the postures and movements of Tai Chi, a Chinese exercise regimen that has a slow paced movement that improves balance, coordination, breathing and builds strength and stamina. Activities are included that promote self-care and health awareness.

0072	LAB	WM1	GERUSA R	1.00	.0	TuTh	1000A-1100A
09/04/07 - 11/01/07 Above class meets Off Campus							
0073	LAB	PHM1	SWEENEY L	1.00	.0	TuTh	1000A-1100A
09/04/07 - 11/01/07 Above class meets Off Campus							
0074	LAB	WM1	GERUSA R	1.00	.0	TuTh	1000A-1100A
11/06/07 - 12/20/07 Above class meets Off Campus							
0075	LAB	HOLCC	STAFF	1.00	.0	Th	1100A-1200P
Above class meets Off Campus							
0076	LAB	VPRH	STAFF	1.00	.0	Th	0100P-0200P
09/06/07 - 12/20/07 Above class meets Off Campus							
0077	LAB	GHR1	MENDONCA B	1.00	.0	MW	0200P-0300P
08/27/07 - 10/29/07 Above class meets Off Campus							
0850	LAB	GHR1	MENDONCA B	1.00	.0	MW	0200P-0300P
10/31/07 - 12/19/07 Above class meets Off Campus							
0851	LAB	PHM1	SWEENEY L	1.00	.0	TuTh	1000A-1100A
11/06/07 - 12/20/07 Above class meets Off Campus							
2009	LAB	HHH1	SMITH S	1.00	.0	S	1045A-1145A
09/08/07 - 12/29/07 Above class meets Off Campus							

ART

ART 760 Arts and Crafts I for Older Adults

Transferable: No

A general survey of arts and crafts with an emphasis on exercises and experiments with methods and materials, including: painting, drawing, color theory, composition and rendering, batik or tie-dye, quilting or needlepoint, crocheting or knitting and block printing.

0144	LAB	HVME1	GUPTAR	3.00	.0	F	0930A-1230P
08/17/07 - 12/21/07 Above class meets Off Campus							
0145	LAB	WM1	BARRETT S	3.40	.0	M	0100P-0400P
08/06/07 - 12/17/07 Above class meets Off Campus							
0146	LAB	LOADCS	LAAGE D	3.00	.0	MW	1100A-1230P
Above class meets Off Campus							

ENGLISH

ENGL 756 GED Preparation

Transferable: No

This course is designed to prepare the student to pass the five General Education Development (GED) tests in Writing, Social Studies, Science, Literature and Mathematics. English grammar and usage, reading comprehension, writing, vocabulary and computational skills are emphasized. The course is designed for students who are 18 years of age or older and elect to take the High School Equivalency Examination.

2110	LAB	SV001	STARR S	30.00	.0	S	0900A-1200P
09/08/07 - 12/29/07 See Footnote: Above class meets Off Campus							
2190	LAB	HOL3	SEGOVIA M	30.00	.0	S	0100P-0400P
09/08/07 - 12/29/07 See Footnote: Above class meets Off Campus							

ENGLISH AS A SECOND LANGUAGE

ESL 702A ESL Citizenship

Transferable: No

This course is designed for second language learners that want to prepare for the United States Citizenship test given by the Department of Immigration and U. S. Naturalization Services. The focus will be on communicative English skills and knowledge of American History and Government required for passing the test to become a citizen of the United States. Readings are at the high-beginning/low-intermediate ESL level and will focus on the historical period beginning in the 1600's on through to 1980.

2195	LEC	HOL5	STAFF	3.00	.0	Tu	0600P-0800P
Above class meets at the Hollister Briggs site							
2196	LEC	RANCHO	SEGOVIA M	3.00	.0	W	0600P-0900P
Above class meets Off Campus							
2197	LEC	STFI	STUKER D	3.00	.0	MTh	0600P-0730P
Above class meets Off Campus							

ESL 704A ESL for the Workplace

Transferable: No

This is part A of a content-based integrated skills course for ESL students who want to prepare for immediate entry into the job force. Students expand their language skills within the realm of the work world and specific vocational career of interest while also developing the soft skills needed in the workplace. This course is a combination of lecture, lab, and self-paced instruction.

0416	LAB	SV001	STAFF	10.00	.0	DAILY	0900A-1100A
See Footnote: Above class meets Off Campus							
0870	LAB	MHG10	STAFF	10.00	.0	MWF	0900A-1100A
09/05/07-12/20/07 Above class meets at Morgan Hill Community site							
2201	LAB	MHG12	STAFF	10.00	.0	WTh	0600P-0900P
MHG5 S 0100P-0400P							
09/05/07-12/22/07 Above class meets at Morgan Hill Community site							
2192	LAB	SV00?	STAFF	10.00	.0	TuW	0700P-0900P
SV002 S 0900A-1200P							
Above class meets Off Campus. Call 408-848-4859 for TuW room location.							
2194	LAB	SOBRTO	GONZALES D	10.00	.0	MW	0600P-0800P
Above class meets Off Campus							

Off Campus Room locations: See page 69.

HUMANITIES

HUM 767 Film Classics

Transferable: No

This class is designed to study the facts, fantasy, history and trivia of classic and modern films. The background and history of each film and its performance will be compared and contrasted.

0483	LAB	PLY	RICHARDS G	3.00	.0	W	0200P-0500P
09/05/07 - 12/05/07 Above class meets Off Campus							
0484	LAB	HVME1	SWEENEY L	3.00	.0	W	0100P-0400P
09/05/07 - 12/05/07 Above class meets Off Campus							
2191	LAB	WM1	SENDEJAS L	3.00	.0	S	0430P-0730P
09/01/07 - 12/01/07 Above class meets Off Campus							

LIBRARY

LIB 730 Internet Literacy for Older Adults

Transferable: No

A class for older adults to learn email techniques, how to find information on their interests, news sources, and the skill of browsing online, as well as how best to use the local public library online services, online shopping, search strategies, and interactive games.

0564	LEC	MHG5	CURTIS G	1.00	.0	TuTh	1030A-1230P
08/02/07 - 08/30/07 Above class meets at Morgan Hill Community site							
0565	LEC	MHG5	CURTIS G	1.00	.0	TuTh	1030A-1230P
09/04/07 - 10/02/07 Above class meets at Morgan Hill Community site							
0566	LEC	SV002	HERNANDEZ A	1.00	.0	TuTh	0930A-1130A
09/04/07 - 10/02/07 Above class meets Off Campus							
0567	LEC	SV002	HERNANDEZ A	1.00	.0	TuTh	0930A-1130A
10/04/07 - 11/01/07 Above class meets Off Campus							
0568	LEC	HOL3	MENDEZ F	3.00	.0	MW	0130P-0300P
08/01/07 - 09/17/07 Above class meets at the Hollister Briggs site							
0569	LEC	HOL3	MENDEZ F	1.00	.0	MW	0130P-0300P
09/19/07 - 10/29/07 Above class meets at the Hollister Briggs site							
0853	LEC	MHG5	CURTIS G	1.00	.0	TuTh	1030A-1230P
10/04/07 - 11/01/07 Above class meets at Morgan Hill Community site							
0854	LEC	HOL3	MENDEZ F	1.00	.0	MW	0130P-0300P
10/31/07 - 12/12/07 Above class meets at the Hollister Briggs site							
0855	LEC	SV002	HERNANDEZ A	1.00	.0	TuTh	0930A-1130A
11/06/07 - 12/06/07 Above class meets Off Campus							
0856	LEC	SV002	HERNANDEZ A	1.00	.0	W	0900A-1200P 42
09/05/07 - 10/10/07 Above class meets Off Campus							
0857	LEC	SV002	HERNANDEZ A	1.00	.0	W	0900A-1200P 42
10/17/07 - 11/21/07 Above class meets Off Campus							
0858	LEC	SV002	HERNANDEZ A	1.00	.0	W	0900A-1200P 42
11/28/07 - 12/19/07 Above class meets Off Campus							
0863	LEC	HOL3	MENDEZ F	1.00	.0	MW	0300P-0430P 42
08/01/07 - 09/17/07 Above class meets at the Hollister Briggs site							
0864	LEC	HOL3	MENDEZ F	1.00	.0	MW	0300P-0430P 42
09/19/07 - 10/29/07 Above class meets at the Hollister Briggs site							
0865	LEC	HOL3	MENDEZ F	1.00	.0	MW	0300P-0430P 42
10/31/07 - 12/12/07 Above class meets at the Hollister Briggs site							

LIB 731 Finding Book Treasures in Literature for Older Adults

Transferable: No

Older adults are guided in the reading of selected quality fiction and nonfiction to promote discussions of theme development, narrative techniques, social context and what makes good writing. Content varies from semester to semester and may include fiction, drama, poetry, essay, and biography. Readings selected may have particular relevance to older adults.

0859	HOL1	MCNAMARA R	1.00	.0	W&1	1030A-1230P
09/05/07 - 10/31/07 Above class meets at the Hollister Briggs site						

LIB 732 Introduction to Online Gavilan

Transferable: No

Introduction to the online classes and student services at Gavilan College. This course will show students how to log into their online courses, find lectures, assignments and exams, take part in online class discussions, submit attachments, and view their grades. The course will also cover all the online student services available to the distant student, including counseling, library resources, records and grades, financial aid, tutoring and technical support.

0570	ONLINE	PARKER J	1.00	.0	DHR	0000-0000 46
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This online class will be delivered entirely over the Internet. After enrolling, start the class by going to <http://www.gavilan.edu/disted/>, click on your class link, and email the instructor at jparker@gavilan.edu. Class is open-entry/open-exit. You can enroll at any time during the semester.

MUS 763 Music Encounters

Transferable: No

A class for older adults that provides musical activities to stimulate and sustain their auditory function, discernment of sounds and manual dexterity. Students will enjoy music, new and old, by listening, singing, playing and creating music in a group setting.

0636	LEC	LOADCS	MENDEZ F	2.00	.0	TuTh	0100P-0200P
09/04/07 - 11/27/07 Above class meets Off Campus							
0637	LEC	LOADCS	MENDEZ F	2.00	.0	TuTh	0100P-0200P
11/29/07 - 12/20/07 Above class meets Off Campus							
0638	LEC	VPRH	SWEENEY L	2.00	.0	F	0100P-0300P
Above class meets Off Campus							
0639	LEC	GHR1	MENDEZ F	2.00	.0	TuTh	0200P-0300P
09/04/07 - 11/27/07 Above class meets Off Campus							
0640	LEC	GHR1	MENDEZ F	2.00	.0	TuTh	0200P-0300P
11/29/07 - 12/20/07 Above class meets Off Campus							
2164	LEC	GHS	ROBB P	2.00	.0	Tu	0600P-0905P
Above class meets Off Campus							
2165	LEC	AL101	QUARTUCCIO A	2.00	.0	W	0600P-0905P
Above class meets Off Campus							

PHYSICAL EDUCATION:ADAPTED

PE 716 Music/Movement and Health

Transferable: No

This course is designed to assist older adults in improving overall health through movement, music and relaxation techniques. Rhythmical movement will be adjusted to suit individual students mobility needs.

0731	LAB	GHR1	STAFF	1.00	.0	MTh	0930A-1030A
							Above class meets Off Campus
0732	LAB	HOLCC	MENDEZ F	1.00	.0	Tu	1000A-1200P
							Above class meets Off Campus
0733	LAB	YMCA	MENDONCA B	1.00	.0	TuF	1000A-1100A
							Above class meets Off Campus
0734	LAB	VPRH	STAFF	1.00	.0	Tu	0100P-0300P
							Above class meets Off Campus
0852	LAB	YMCA	MENDONCA B	1.00	.0	TuF	1100A-1200P
							Above class meets Off Campus
0860	LAB	COGMR	MENDONCA B	1.00	.0	W F	1000A-1100A 0130P-0230P
							Above class meets Off Campus
0862	LAB	HVME1	MENDEZ F	1.00	.0	Th	1030A-1230P
							Above class meets Off Campus

Noncredit Class Locations

COGMR	Gilroy Senior Center, 7371 Hanna Street, Gilroy
GHR1	Gilroy Health Care and Rehabilitation, 8170 Murray Ave., Gilroy
GHS	Gilroy High School, 750 W 10th St., Gilroy
HHH1	Hazel Hawkins Hospital, 911 Sunset Dr., Hollister
HOL	Hollister Briggs Bldg, 365 Fourth St. Hollister
HOLLCC	Hollister Comm. Center (Jovenes de Antano), 300 West St., Hollister
HVME1	Hacienda Valley Mobile Estates, 275 Burnett Ave., Morgan Hill
LOADCS	Live Oak Adult Day Care Services, 651 W. 6th St., Gilroy
MHG	Morgan Hill Community Center, 17060 Monterey Rd., Morgan Hill
PHM1	Pacific Hills Manor 370 Noble Court Morgan Hill
PLY	Morgan Hill Playhouse, Monterey Highway and Dunne, Morgan Hill
RANCHO	Rancho Park Apartments, 1200 Rancho Drive, Hollister
SBCL	San Benito County Library, 470 5th St., Hollister
SOBRTO	Sobrato Transitional Housing, 9369 Monterey Road, Gilroy
SOLB7	Solorsano Middle School, 7121 Grenache Way, Gilroy, room B-7
STFI	St. Francis, 7950 Church St., Gilroy
SV001-004	South Valley Middle School, Building I, 385 IOOF Ave., Gilroy
VPRH	Valley Pines Retirement Home, 545 E. Main Ave., Morgan Hill
WM	Wheeler Manor, 651 W. 6th St., Gilroy
YMCA	Morgan Hill YMCA, 17666 Crest Ave., Morgan Hill

STAFF Profile**Rachel Perez**

As Associate Dean of Community Development /Grants management, Rachel Perez has been working to develop programs of noncredit instruction for older adults and basic skills students in the district. At Gavilan College since 1997, her past positions include both EOPS (Extended Opportunities and Program Services) and Community Education.

She received her B. A., M. A., Teaching, Counseling and Administrative Credentials from San Jose State University and has worked as a teacher, counselor and administrator in the K-12 school system. At GUSD she worked to develop and implement the Pregnant and Parenting Teen Program and the Conflict Resolution Model, as well as coordinating the PUENTE Program, Family Wellness and Project TIDE (Vocational Education) in the South County area. She has served on community boards including Mujeres Puedan, The Latina Coalition of South County, The Bridge Counseling Center, the Santa Clara County Human Relations Commission and the Santa Clara County Task Force for Teenage Pregnancy Prevention. She currently serves on the Board of Directors for St. Joseph's Family Center in Gilroy and the Work 2 Future Board in San Jose.

Past recognition has included Gilroy Unified School District Teacher of the Year 1989, California Continuation Teacher of the Year, Region 8, and nominations for Santa Clara County Woman of Achievement in Education. In 2003, MACSA (The Mexican-American Community Services Agency) recognized her in their "Honoring Community Heroes in Education."

Perez credits much of her community activism to attending college during the turbulent 1960's when "we had to chose between class and protests. It was a very romantic and idealistic period in our history but taught me that there isn't much difference between risk and opportunity and in many ways they are one and the same."

