



5055 Santa Teresa Blvd
Gilroy, CA 95023

Course Outline

COURSE: HE 3 **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Spring 2025 **CURRICULUM APPROVAL DATE:** 11/12/2024

SHORT TITLE: SOCIAL DETERMINANTS

LONG TITLE: Social Determinants of Health, Disparities and Equities

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
3	18	Lecture:	3	54
		Lab:	0	0
		Other:	0	0
		Total:	3	54

Out of Class Hrs: 108.00
Total Learning Hrs: 162.00

COURSE DESCRIPTION:

This course will examine personal and social determinants of health through the examination of the role individuals play in their own health and well-being, along with the impact of environmental, social, structural, and cultural factors that play a role both in individual and community and public health. Health disparities and inequities in sexually diverse, gender, racial, and minority populations will be explored, and culturally competent ideas to bridge the health equity gap and improve population health will be developed.

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 02 - Lecture and/or discussion
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 72 - Dist. Ed Internet Delayed

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Explain the social determinants of health and their individual, interactive and combined influences on individual, community and public health.
2. Apply research methods that are useful in identifying and understanding the relationships between the social determinants of health and culture, race, gender, and sexual orientation.
3. Examine institutions of health, health education, and healthcare services with specific emphasis on access, affordability, diversity, equity, cultural competence, and gender, race, ageist, and sexual orientation biases and identify the role each plays in improving the conditions that lead to inequities.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Apply concepts of social determinants to health promotion, community organizing, social inclusion, and public health interventions.
2. Examine case studies and describe the challenges to achieving cultural competency, social inclusion, and social justice, and identify ways to contribute to social justice that bridge the health equity gaps and improve health within local communities, nations, and/or the world.
3. Understand how politics that govern social policy and practices affect population health.
4. Analyze how housing conditions, neighborhoods, transportation, food security/insecurity, and social patterning behaviors affect population health status.
5. Examine the relationship of etiology and stigma, poverty, social exclusion, race, and immigration and minority status as major social determinants of health that drive morbidity, mortality, and health disparities.
6. Analyze health from a psycho-social perspective on social support, social patterning, social cohesion and inclusion in school, the workforce, and community.
7. Investigate institutions of health, health education, and healthcare services with specific emphasis on access, affordability, diversity, equity, cultural competence, and gender, race, ageist, and sexual orientation biases.
8. Examine the life course, the social gradient and health, and the complex relationship between income, labor market disadvantage, unemployment, job security, and population health status.
9. Explore the discipline of Social Epidemiology that focuses on the effects of social-structural factors on states of health and assumes that the distribution of advantages and disadvantages in a society reflects the distribution of health and disease.
10. Identify and describe the social determinants of health and their individual, interactive, and combined influences on individual and community and public health.
11. Define important concepts, such as culture, diversity, health disparities, health equities, health inequalities, and cultural competency, and understand how they intersect with individual and population health status.

COURSE CONTENT:

CURRICULUM APPROVAL DATE: 11/12/2024

Course Content

6 hours:

1. Social determinants of health
 - A. Environmental conditions
 - B. Social circumstances, including education, income, and social status
 - C. Individual behavioral choices and coping skills
 - D. Access to health services, health education, and healthcare services
 - E. Biology and genetic endowment
 - F. Gender, identity, and orientation
 - G. Culture and race

6 hours:

2. Important concepts intersect with individual and population health status.
 - A. Culture
 - B. Diversity
 - C. Health disparities
 - D. Health equities
 - E. Health inequalities
 - F. Cultural competency

2 hours:

3. Social Epidemiology

2 hours:

4. Social gradient and health
 - A. Income
 - B. Labor market disadvantage
 - C. Unemployment
 - D. Job security

5 hours:

5. Examine institutions of health, health education, and healthcare services
 - A. Access
 - B. Affordability
 - C. Diversity
 - D. Equity
 - E. Cultural competence
 - F. Gender, race, ageist, and sexual orientation biases

5 hours:

6. Psychosocial perspective of health
 - A. Social support
 - B. Social patterning
 - C. Social cohesion
 - D. Inclusion in school, the workforce, and community.

COURSE CONTENT(CONTINUED):

5 hours

- 7. Etiology of illness, disease, and health disparities
 - A. Stigma
 - B. Poverty
 - C. Social exclusion
 - D. Race
 - E. Immigrant status
 - F. Minority status

3 hours:

- 8. Environment
 - A. Housing conditions
 - B. Neighborhoods
 - C. Transportation
 - D. Food security/insecurity
 - E. Social patterning behaviors
- 1. Substance abuse
- 2. Violence, Gangs

3 hours:

- 9. Politics
 - A. Social policy and practices
 - B. Models of health
 - C. Globalization and human health

5 hours:

- 10. Research methods
 - A. Social determinants of health
 - B. Culture
 - C. Race
 - D. Gender
 - E. Sexual orientation

5 hours:

- 11. Case studies
 - A. Challenges of cultural competency, social inclusion, and social justice
 - B. Contributions
 - 1. Local, national, and global

5 hours:

- 12. Application of social determinants
 - A. Health promotion
 - B. Community organizing,
 - C. Social inclusion
 - D. Public health interventions

2 hours - Final

METHODS OF INSTRUCTION:

Lecture, case studies, cooperative learning, inquiry and guided learning.

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours 38

Assignment Description

Read assigned materials

Required Outside Hours 12

Assignment Description

Case study review and written assignment

Required Outside Hours 20

Assignment Description

Project/paper

Required Outside Hours 20

Assignment Description

Study/review for exams

Required Outside Hours 18

Assignment Description

Written assignments/homework

METHODS OF EVALUATION:

Evaluation Percent 50

Evaluation Description

written homework assignments, paper

Evaluation Percent 25

Evaluation Description

Examinations

Evaluation Percent 25

Evaluation Description

Discussions

REPRESENTATIVE TEXTBOOKS:

Health Disparities in the United States, Donald A. Barr, Johns Hopkins University Press, 2019 or a comparable textbook/material.

ISBN: 9781421432595

Rationale: This text is approved and being used by others for this course.

13 Grade Verified by: Nikki Dequin

OTHER MATERIALS:

Public Health and Society: Current Issues, Burke & Weill, Jones and Bartlett, 2024.

ISBN: 9781284211306

Rationale: Appropriate content for course and learning outcomes.

13 Grade Verified by: Nikki Dequin

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Not Transferable

Transferable to CSU, effective 202530

UC TRANSFER:

Not Transferable

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification:

Noncredit Category: Y

Cooperative Education: N

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000647635

Sports/Physical Education Course: N

Taxonomy of Program: 083700